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Aurora Community Services Established in 1986.  
"An Employee Owned Company"

## Community Based Residential Solutions



### History and Mission

Our mission is to provide progressive, high quality, consumer directed, community based services, in an innovative, cooperative, and flexible environment that empowers the individual to successfully live in their chosen community.

Since 1986 Aurora Residential Alternatives (ARA), a division of Aurora Community Services, has provided compassionate and professional residential alternatives for individuals with developmental disabilities, chronic mental illness, physical disabilities, and traumatic brain injuries. ARA provides homes for more than 350 individuals through 90 residential homes statewide and emphasizes that programs should serve people and be customized for each individual.

*"My son began suffering from mental illness when he was 14 years old...he was in and out of treatment centers... (but) it wasn't until he became a resident of an Aurora group home that I got to see my son enjoy his life for the first time since the onset of his mental illness. The entire team who worked with (my son) showed a genuine interest in him both personally and professionally... (my son) and I will be forever grateful that Aurora Services came into our lives with a willingness to make the difference that nobody else took the time or made the effort to do."*

- Parent of Aurora home resident

*"A new beginning"*





## What makes ARA homes unique?

### Individual Approach

Services provided are based on each individual's needs and desired outcomes. Whether the need is for long-term housing for a disabled individual, or transitional housing after a hospital stay, our homes can accommodate the need.

### Our Staff

Many of our staff have served in the disabled community for years and so have a wide range of experience and expertise. All staff are thoroughly trained and have a passion for serving individuals in their chosen community.

### Our Commitment

Aurora is committed to providing individuals with community-based services which keep them active and engaged in their community and provide an alternative to facility-based long term care.

## Service Components

### Individual Service Plans (ISPs)

ISPs are available which outline specific program plans, care provision instructions, and behavioral goals.

### Behavioral Support Plans (BSPs)

BSPs are written by Aurora's Behavioral Specialists for individuals with behavioral challenges requiring extra support.

### Goal-oriented Skills Coaching

- Daily living skill assistance and education
- Availability for staff on site 24/7 (?)
- Room and board in a safe and healthy environment
- Service coordination with other agencies
- Crisis Intervention
- Assistance in accessing community resources
- Medication assistance and education
- Conflict resolution and stress management coaching

## Residential Opportunities

Aurora Residential Alternatives provides a full spectrum of community based residential options including the following:

- Supervised Living Arrangements (1 - 2 person occupancy)
- Licensed Adult Family Homes (3 - 4 person occupancy)
- Licensed Community Based Residential Facilities (maximum 8 person occupancy)
- Supportive Home Care
- Respite Services
- Wrap-around supports for those living independently

Aurora has extensive experience working with individuals who have pervasive needs including those with medical or behavioral challenges. Aurora strongly believes that each person can expand his or her life skills and experience life-long learning.

## What is LIFE?

LIFE is the central philosophy behind Aurora Community Services and all that we do. LIFE stands for:

- LEARNING
- INTERACTIVELY
- FINDING
- EMPOWERMENT

Living the LIFE Philosophy means that we believe in building programs and services around the needs of the individuals being served. Our services are **individual**, **dynamic**, and **fluid** and we will adjust our approach as often as necessary to find the "right fit" for the consumer.

*"A new beginning"*

